



Are you feeling the daily brain drain of your commute?

37% of Regus survey respondents say the daily commute is a major productivity drain

Malaysia – September, 2016 – Latest research from flexible workspace provider Regus shows that business people globally regard their daily trip into and out of the office as a drain on productivity. This 'limbo' of time that is mainly seen as neither productive work time, nor enjoyable personal time is widely regarded as an obstacle to more useful or entertaining pursuits.

Of the almost 40,000 Regus survey respondents, 44% report it is a pointless, undefined time, while 18% positively hate their commute and brand it as a 'waste' of their precious time. This means that for well over half of business people globally commute time could be re-invested in more productive work time or in enjoying a few hours more sleep in the morning.

Key findings

- Only a minority of business people globally (23%) regard commuting as profitable work time with the majority declaring it is a drain on work and personal time;
- It is therefore time that businesses call it quits with commuting and help workers save time to re-invest in productive work or leisure;
- A small minority (16%) regard their commute as personal time, perhaps as they are able to read and catch up on the latest news on their smartphone

Vijayakumar Tangarasan, Country Manager for Brunei, comments, "As commute times continue to get longer and longer, it is devastating to find that the vast majority of workers regard their daily travel into work and back home as a complete drain on their work day productivity and that they are equally unable to devote it to personal or leisure activities.

"Business people globally are expected to always be available and connected, but in reality there is a much bigger and subtler drain on their productivity than not having a smartphone on hand, and that is the daily commute. Savvy businesses wanting to restore productivity and reward workers with more personal time or simply with a lie-in every once in a while, would do well to allow employees to work closer to home at least some of the time."

About Regus

Regus is the world's largest provider of flexible workspace solutions, with a network of 2,850 locations in over 1,000 towns and cities, across 107 countries, serving 2.3m members.

Through our range of office formats, as well as our growing mobile, virtual office, and workplace recovery businesses, we enable people and businesses to work where, when, and how they want, with a range of price points.

Our customers include some of the most successful entrepreneurs, start-ups and multi-billion dollar corporations.

For more information visit www.regus.com.my